

Crozer-Keystone Health System

The PEARL Program



The PEARL Program

- Collaboration between the Crozer-Keystone Health System and Keystone First to address the rise of Neonatal Abstinence Syndrome births
- Assists Keystone First expectant mothers whose unborn child may be at risk for Neonatal Abstinence Syndrome (NAS)
- Offers intensive case management and nurse navigation services to guide new and expectant mothers on their journey to developing a healthy lifestyle and healthy baby

Overview (con't)

- PEARL-Prevention, Education, Addiction Treatment, Recovery, Linking to Resources
- Connects with mothers through community outreach
- Aim to begin working with mothers during the perinatal stage and provide ongoing support and ancillary services post natal until the baby reaches two years of age

The Team



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- **Nurse Navigator**
 - *Educator*
- **Perinatal Intensive Case Managers**
 - *Linkage/Advocacy*
- **Perinatal Certified Recovery Specialist**
 - *Peer Support*

Program Components

- Education
 - Create awareness and understanding of NAS through education to various audiences
 - Educate program mothers to prepare for the delivery and caring of a baby with NAS
- Linkage
 - Referral to community resources to promote healthy mother and baby
 - Assistance in accessing medical care
 - Transportation assistance
- Monitoring
 - Program involvement until 2 years of age
 - Linkage to resources for baby
 - Developmental milestones testing



PEARL Program Requirements

- Insured by Keystone First
- Pregnant or up to 8 weeks post-natal
- Active recovery/treatment is NOT a requirement to be enrolled with the PEARL Program

Referral Sources

- Keystone First
- Physicians
- Community Hospital-
Access Center
- First Steps Treatment Center
At Crozer-Chester Medical
Center
- EMMA Group at
Community Hospital
- Program Participants
- Health Care Facilities
- Community Agencies
- Behavioral Health
Treatment Facilities
- Drug and Alcohol Treatment
Facilities
- Self-referral

Program Successes

- People educated on NAS: 225
- Mothers referred: 44
- Mothers currently engaged in program: 20
- Babies: 19
- Mothers referred to other services due to location/insurance: 9
- Referred for substance abuse treatment: 14

Program Successes (con't)

- Two PEARL mothers accepted and enrolled in the Certified Recovery Specialist training program
- One PEARL mother is hosting a weekly alumni meeting on First Steps Treatment Center

QUESTIONS??